

DRINKS Affeast



ESPRESSO £2.5 ESPRESSO MACCHIATO £2.75 **AMERICANO £3**

DOUBLE ESPRESSO, LATTE OR CAPPUCCINO £3.5

DOUBLE MACCHIATO, CORTADO, FLAT WHITE OR MOCHA £3.75

COLLAGEN SHOT £2

Boost your youth with our needle free, pain free, hassle free collagen shot

WILLIAM FOX SYRUPS £1.5

Almond, Hazelnut Cinnamon, Gingerbread Vanilla, Caramel

TEA \

GOOD & PROPER TEA £3

English breakfast, earl grey, green tea, peppermint, chamomile, rooibos

FRESH TEA £5.5

Ginger, lemon, mint

NUDITEA BLENDS £4 each

Bedtime Oat flowering tops, camomille, elderflower, passion flower leaf, rose petals and lavender

Focus

Orange peel, lemon myrtle, lemongrass, pineapple, gotu kola, chamomile and guarana

Immunity Blend

Ginger, sumac berries, chinese white tea, lemon peel, lime peel, orange peel, rosehip

Zen

Lemon verbena, lemon balm, cleavers, damiana, sunflower petals

Clarity Peppermint leaf, rosemary, sage, gotu kola

Cleanse

Cleavers, rosehip, dandelion leaves, nettle, hibiscus, lavender and rose petals

NOT COFFEE

MATCHA LATTE £5

Earthy matcha powder with your choice of milk, packed with antioxidants

CHAI LATTE £5

Steamed milk and black tea infused with spices

TURMERIC LATTE £5

Creamy steamed milk with a spicy kick and hint of sweetness

FOUR SIGMATIC MUSHROOM COFFEE £5

Delicious balanced coffee for both the body and the brain

HOT CHOCOLATE £3.5

Blend of 25% West African cocoa and sugar, it's smooth and sweet-like a top-quality milk chocolate bar

JUICES

FRESHLY SQUEEZED £3.5 Orange, apple or carrot

AT FEAST BLENDS £5

Sunshine Carrot, apple and ginger

Super vitality

Apple, kiwi, celery and ginger

Detox Raw beetroot, mint, celery, apple and lemon

WHITE

Popeye

Cucumber, kale, spinach and apple Soothe & Cleanse

Pear, cucumber and ginger



THIRSTY PLANET WATER £4

Still or sparkling

SQUARE ROOT £5

Cola / Ginger Beer/ Lemonade/ Raspberry Lemonade / Rhubarb

9£1+UOY

bottle

175ml 750ml

RED

Original Kombucha Ginger Kombucha Lime Sea Salt Kombucha Sencha Green Botanical Tea Lemon Barley Water



CUCUMBER AND MINT COOLER £8.5

Fresh cucumber, lemon juice, mint, sugar syrup and soda water

SPICED BUCHA MULE £8.5

You + I Original Kombucha, fresh ginger, mint, lime and nutmeg

SPARKLING CRANBERRY BUCHA £8.5

You + I Ginger Kombucha, cranberry juice, fresh ginger and rosemary

BERRY SPRITZER £8.5

Fresh blueberries, mint, lime, organic agave and soda water

glass bottle

175ml 750ml

WINE

Ugni Blanc Colombard, Roucas, Languedoc Fresh, light, dry and crisp flavours	£7.5	£29	Syrah Grenache, Roucas, Languedoc Juicy cherry, blackcurrant, white pepper and chocolate	£7.5	£29	JaJa, Chateau Jau, Languedoc Dry, floral, strawberry, raspberry, rosé petals and pink grapefruit	£7.5	£29
of citrus and pear Old-vine Macabeo, Carlos Sanchez, La Mancha Floral and aromatic	82	062	Old-vine Garnacha, Carlos Sanchez, La Mancha Spanish Grenache with red, black and blue fruits. Easy drinking, winter-warming food	82	062	Cuvee Lisa, Chateau La Coste, Provence Salmon pink, zippy, quaffable rosé, citrus and light summer fruits	£9.5	£37
Viognier, Mas de Daumas Gassac, Languedoc Exotic fruits and citrus		£32	friendly red Pinot Noir, Mas de Daumas Gassac, Languedoc Bright red cherries, sweet spices and red	63	£32	Clarete Rosé, Panoramico, Rioja Vibrant strawberries, cranberries and pink grapefruit	405 1	£50
Sauvignon Blanc, Caythorpe, Marlborough Citrus, goodshorries, fresh herbs, white		£45	summer fruits Petit Français Bordeaux Superieur		£40	SPARKLING Molmenti & Celot Prosecco	£8.5	750ml £40
Citrus, gooseberries, fresh herbs, white flowers aside a long, creamy finish			Sweet black fruit, black cherry and fruits of the forest. A deep earthy undertone			Extra-light, pear, fresh green apples, white flowers.		
Alvarinho, Howards Folly, Alentejo Portugese Albarino! Stone fruit, refreshing saline finish		£48	along with coffee and cacao beans Jeune Red, Chateau Musar, Bekaa Valley		246	Vitteau Alberti Cremant de Bourgogne Slightly creamy, fresh and citrusy	2.62	002
Chardonnay, Presqu'ile, California Bright lemon, white flowers, crisp pear, lime, green apple and citrus		892	Iconic organic pioneer, fresh red and black fruits, baking spices, cranberry, plums and cherries			Billecart Salmon 1818 Brioche, almonds, pears and Mirabelle plums		063
Georges Deschamps 1er Cru Chablis, Burgundy Lemon, marzipan, yellow apples and a touch of honey		063	Primata NatCool, Niepoort, Douro (1000ml) Fresh, light, black cherry and strawberry Barbaresco, Musso, Piedmont		£52 £80	SWEET	125ml	500ml
						Late Harvest Tokaji, Kikelet Apricots and crème brulee, creamy and rich	£13.5	£45
			Ripe cherries, dried flowers and red fruit, peppercorns, cinnamon and tobacco			1991 Carcavelos (tawny), Howards Folly, Alentejo Marmalade, raisins, treacle and spicy	£26	£100



Lost and Grounded £7 each Helles Keller Pills Wanna Go to the Sun Running with Sceptres Siren Broken Dream Stout £6 Freestar Alcohol Free £6



Cornish Orchards £6 each Blush or Gold

SPIRITS



GIN 50ml

Sapling Gin £7 Umami Gin £8 **Greensand Ridge Gin £9** Inverroche Classic £9 Inverroche Verdant £9

OMG £10 The Drunken Horse £12

RUM 50ml

Greensand Ridge Rum £9 Montanya Platino £10 Montanya Valentia £13

Nativo 15yo £13

Nativo Overproof £14

VODKA 50ml

Sapling Vodka £7 Black Cow Vodka £8 Sauvelle Vodka £9 Gattertop Botanical £9 Mermaid Salt Vodka £9.5

glass bottle

175ml 750ml

ROSÉ

dried fruits, zingy

TEQUILA 50ml

El Rayo Plata £9 El Rayo Reposado £11 Del Maguey Mezcal Vida £10

WHISKEY 50ml

Bankhall Sweet Mash £8 Johnnie Walker Black Label £8 Monkey Shoulder Smokey £11 Coal IIa £12 (12 yrs) Tomatin £14 (14 yrs) Glengoyne £23 (18 yrs)