

EGGS...cellent

EGGS BENEDICT With smoked ham	10
EGGS ROYALE With smoked salmon	11
EGGS FLORENTINE v Wilted nutmeg spinach	10
EGGS YOUR WAY v Two organic eggs your way on sourdough toast	7

Every weekday...
...9am to 11:30am

FRAMBLED EGGS v Omelette meets scrambled eggs with spinach, onion, chilli & Sussex Charmer	8.5
EGGY BREKKIE BURGER v Scrambled egg, halloumi, and spinach with spicy tomato relish on a brioche bun	7

BREAKFASTS FOR CHAMPIONS

THE FULL FEAST Cured streaky bacon, Middle White pork sausage, black pudding, roast tomato, field mushroom, wilted spinach, homemade baked beans, sourdough toast and choice of either fried, scrambled or poached egg	13.5
THE FULL VEGGIE FEAST v Sweet potato hash cake, roast tomato, field mushroom, wilted spinach, homemade baked beans, sourdough toast and choice of either fried, scrambled or poached egg	12
MEATY BREKKIE BURGER Black treacle streaky bacon and Middle White pork sausage with spicy tomato relish + add an egg for £1 extra	8

GREEN DAY (GREEN SHAKSHUKA) v Braised fennel, leeks, spinach, broad beans cumin, chilli & dill mixture served with a baked organic egg & a slice of toast	8.5
BUTTERMILK BUCKWHEAT PANCAKES v, GF English buckwheat pancake stack served with London honey yogurt & roasted hazelnuts	8
SALMON ON SOURDOUGH Smoked salmon, chives & dill cream cheese with cornichons served on sourdough toast	8.5
BEANAMOLE ON SOURDOUGH v English broad beans with ricotta, peas & lemon zest topped with a poached egg & pesto served on sourdough toast	8.5

ADD+ONS

MUSHROOM OR TOMATO	2
SPINACH	2
BACON	4
SAUSAGE	3.5
HALLOUMI	3.5
SOURDOUGH TOAST & BUTTER	2.5

BOWLS

LABNEH BOWL v, GF Thick Greek yogurt, topped with toasted buckwheat, berries and honey	7
QUINOA BIRCHER BOWL VG overnight quinoa, with apple butter, fresh apple & hazelnuts.	7
NUTS ABOUT PORRIDGE BOWL VG Oat milk porridge with dates, cinnamon & cardamom topped with seeds, cacao nibs & roasted hazelnuts	6

GF - Gluten Free V - Vegetarian VG - Vegan



@AT_FEAST

TAG US IN YOUR PHOTOS NOT FOR ANY PRIZE OR FREEBIES, JUST BECAUSE YOU'RE A COOL CAT LOOKING TO SUPPORT A COOL RESTAURANT.

Everything you feast on today is organic, sustainably sourced, and deliciously healthy...ask your server for the story of your feast

AT FEAST
BREAKFAST